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ABSTRACT

This publication considers some Freudian ego mechanisms. The first discussion and bibliography concerns defense mechanisms, in general or in multiple; after which, the discussions and bibliographies concern specific defense mechanisms: denial; displacement, substitution, sublimation; fixation; identification, introjection, incorporation, internalization; intellectualization, obsessive ideation, compulsion; projection; rationalization; reaction formation; regression; and repression. Key understandings and sources are noted. The discussions and bibliographies range from the earliest professional (psychoanalytic, psychiatric, and/or psychological citations to researches in the middle 1960's. (Author)

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DEFENSE MECHANISMS: DISCUSSIONS AND BIBLIOGRAPHIES: GENERAL OR MULTIPLE, AND SPECIFIC

D. T. Pedrini and Bonnie C. Pedrini

University of Nebraska at Omaha, Omaha, Nebraska 68101

Abstract

This publication considers some Freudian ego mechanisms. The first discussion and bibliography concerns defense mechanisms, in general or in multiple; after which, the discussions and bibliographies concern specific defense mechanisms: denial; displacement, substitution, sublimation; fixation; identification, introjection, incorporation, internalization; intellectualization, obsessive ideation, compulsion; projection; rationalization; reaction formation; regression; and repression.

Key understandings and sources are noted. The discussions and bibliographies range from the earliest professional (psychoanalytic, psychiatric, and/or psychological) citations to researches in the middle 1960's. (86 pages)

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DEFENSE MECHANISMS: A BIBLIOGRAPHY

D. T. Pedrini and Lonnie C. Pedrini

University of Nebraska at Omaha, Omaha, Nebraska 68101

Abstract

This bibliography includes studies of defense mechanisms, in general, and studies of multiple mechanisms. Defense mechanisms, briefly and simply defined, are the unconscious ego defendants against unpleasure, threat, or anxiety. Sigmund Freud deserves the clinical credit for studying many mechanisms and introducing them in professional literature. The vagaries of studying and researching defense mechanisms are many and varied. In terms of rationale, consider mechanisms and the problems of coping vs. defense, instinctual vicissitude vs. defense, dynamic vs. symptom, specific defense vs. general defense, adaptiveness vs. success, basic (first order) vs. complex (second order), major vs. minor, primary gain vs. secondary gain, conscious vs. unconscious, operation unconscious vs. system unconscious, ego boundary vs. ego, etc. Of course, there is more to defense than defense mechanisms. Bibring, Dwyer, Huntington, and Valenstein have listed and defined may mechanisms. Our bibliography ranges from the mid 1930's to the mid 1960's.

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DENIAL: A BIBLIOGRAPHY

D. T. Pedrini and Bonnie C. Pedrini

University of Nebraska at Omaha, Omaha, Nebraska 68101

Abstract

Denial was a mechanism that Sigmund Freud worked with in his clinical practice and in his formulation of personality. He considered denial, e.g., in his papers on Repression (1915) and on Fetishism (1927) in Collected Papers, Volumes IV and V respectively (London: Hogarth and The Institute of Psycho-Analysis, 1925 and 1950 respectively). It would be best to read the paper on Fetishism, first. However, there seems to be difficulty in the psychoanalytic, psychological, and psychiatric literature with regard to the concept. One problem is the differentiation of denial within and between the archaic-heritage and the personal-experience of the neonate. Another problem is the overlap with the mechanism of repression. Still another problem is the use of denial by psychotics, who are more difficult to understand, to work with, etc. The added questions of conceptual clarity augment the problems of doing research. Denial, by name, has had little research compared to repression. In this bibliography, we have included research on denial between the late 1920's and the middle 1960's.

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DISPLACEMENT, SUBSTITUTION, SUBLIMATION: A BIBLIOGRAPHY

D. T. Pedrini and Bonnie C. Pedrini

University of Nebraska at Omaha, Omaha, Nebraska 68101

Abstract

Sigmund Freud worked with the mechanisms of displacement, substitution, and sublimation. These mechanisms have many similarities and have been studied diagnostically and therapeutically. Displacement and substitution seem to fit in well with phobias, hysterias, somatizations, prejudices, and scapegoatings. Phobias, prejudices, and scapegoatings seem to be related to projection, also. N. E. Miller did analogue-studies of displacement and substitution with rats, combining psychoanalytic and learning principles. The investigations included in this bibliography range from the middle 1930's to the middle 1960's.

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FIXATION: A BIBLIOGRAPHY

D. T. Pedrini and Bonnie C. Pedrini

University of Nebraska at Omaha, Omaha, Nebraska 68101

Abstract

Fixation and regression were considered complementary by Freud. You tend to regress to a point of fixation. They are both opposed to progression. In the general area, Anna Freud has written (The Ego and the Mechanisms of Defence. London: Hogarth and The Psycho-Analytic Institute, 1937), Sears has evaluated (Survey of Objective Studies of Psychoanalytic Concepts. New York: Social Science Research Council, Bull. No. 51, 1943; and Experimental analysis of psychoanalytic phenomena. In Hunt, J. McV. (Ed.), Vol. I. Personality and the Behavior Disorders. New York: Ronald, 1944), and Yates has evaluated (Frustration and Conflict. New York: Wiley, 1962). Fixation is difficult to research directly in humans. This bibliography includes investigations between the middle 1930's and the early 1960's.

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IDENTIFICATION, INTROJECTION, INCORPORATION, INTERNALIZATION: A BIBLIOGRAPHY

D. T. Pedrini and Bonnie C. Pedrini

University of Nebraska at Omaha, Omaha, Nebraska 68101

Abstract

Identification, introjection, incorporation, and internalization dealt with the same basic process according to S. Freud. The process has been discussed and researched in many and varied personal-social contexts. There have been two general areas of concern: identification for positive reasons (often called developmental) and identification for negative reasons (often called defensive). The latter is the true Freudian mechanism, triggered in the unconscious ego because of unpleasure, threat, or anxiety. Of course, Freud used the concept identification in different ways, as have others during and since his times. Our bibliography emphasizes identification, introjection, incorporation, and internalization as defense mechanisms, and includes studies between the late 1920's and the middle 1960's.

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INTELLECTUALIZATION, OBSESSIVE IDEATION, COMPULSION: A BIBLIOGRAPHY

D. T. Pedrini and Bonnie C. Pedrini

University of Nebraska at Omaha, Omaha, Nebraska 68101

Abstract

Obsessive thoughts (intellectualization, obsessive ideation) were studied by S. Freud, as were compulsions. The former are related to isolation, fixed ideas, compartmentalization, and encapsulation but differ from intellectuality. Compulsions are related to obsessive acts, ritualizations, and undoing but differ from habit. Analagously, obsessive thoughts are to neuroses as delusions are to psychoses. Obsessive thoughts are related to the obsessive-compulsive syndrome and other syndromes. This bibliography, which ranges from the late 1920's to the middle 1960's focuses upon dynamics rather than syndromes.

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PROJECTION: A BIBLIOGRAPHY

D.T. Pedrini and Bonnie C. Pedrini

University of Nebraska at Omaha, Omaha, Nebraska 68101

Abstract

Sigmund Freud and his associates did much clinical work with the dynamic of projection, expecially with regard to paranoid symptoms and syndromes. Much experimental work has also been done with projection. Sears evaluated the results of some of those studies. Murstein and Pryer sub-classified projection and reviewed typical studies. Our bibliography lists research with projection between the late 1920's and the middle 1960's. There are many uses of the word "projection." As a Freudian dynamic or mechanism, however, it is in the unconscious ego and related to unpleasure, threat, or anxiety. Many of the studies presented in this bibliography attempt to deal with projection as a Freudian conceptualization.

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RATIONALIZATION: A BIBLIOGRAPHY

D.T. Pedrini and Bonnie C. Pedrini

University of Nebraska at Omaha, Omaha, Nebraska 68101

Abstract

Rationalization was studied by Sigmund Freud and was specifically labled by Ernest Jones. Rationalization ought to be differentiated from rational, rationality, logical analysis, etc. On the one hand, rationalization is considered a defense mechanism, on the other hand, rationality is not. Haán has done much work with self-report inventories and coping and defense mechanisms (also see Kroeber, and Alker). Wertheimer indicates that rationalization is the bane of our college students. Bibring, Dwyer, Huntington, and Valenstein have written extensively about defenses. Our bibliography ranges from the earlier work of Jones to the later work of the middle 1960's.

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REACTION FORMATION: A BIBLIOGRAPHY

D. T. Pedrini and Bonnie C. Pedrini

University of Nebraska at Omaha, Omaha, Nebraska 68101

Abstract

Reaction formation was studied by Sigmund Freud. This defense mechanism may be related to repression, substitution, reversal, and compensation (or over-compensation). Alfred Adler considered compensation a basic process in his individual psychology. Anna Freud discussed some defense mechanisms, and Bibring, Dwyer, Huntington, and Valenstein discussed many, many defense mechanisms. However, little experimental research has actually been done with reaction formation. As with most (if not all) defense mechanisms, it is difficult to include in the investigations both the Freudian conceptualizations and the experimental controls. This bibliography concerns itself with work on reaction formation from the 1930's to the middle 1960's.

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REGRESSION: A BIBLIOGRAPHY

D. T. Pedrini and Bonnie C. Pedrini

University of Nebraska at Omaha, Omaha, Nebraska 68101

Abstract

Regression, another mechanism studied by Sigmund Freud, has had much research, e.g., hypnotic regression, frustration regression, schizophrenic regression, and infra-human-animal regression (often directly related to fixation). Many investigators worked with hypnotic age regression, which has a long history, going back to Russian reflexologists. The early 1930's Russian-journal references are not included in this bibliography. But one of the Russians (Platonow) also published in English. Barker, Dembo, and Lewin (and later, Wright) did frustration-regression experiments which became very well known and which generated many comments. Sears and Yates evaluated regression and fixation. The studies included in this bibliography range from the mid 1920's to the mid 1960's.

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REPRESSION: A BIBLIOGRAPHY

D. T. Pedrini and Bonnie C. Pedrini

University of Nebraska at Omaha, Omaha, Nebraska 68101

Abstract

Repression was considered by Freud as a key mechanism for everyone, especially for normals and neurotics. His Repression paper, written in 1915, was psychoanalytically definitive. Of course, much had been written before and even more was written after. Anna Freud's book The Ego and the Mechanisms of Defence included repression and was published by Hogarth in 1937. Sears published an evaluative review of research on repression in 1943, and again in 1944 (Experimental analysis of psychoanalytic phenomena. In Hunt, J. Mc V., Ed., Personality and the Behavior Disorders. Vol. I. New York: Ronald). Zeller's analogues offered many suggestions for the researcher or reader. MacKinnon and Dukes published an evaluative review in 1962 which included a history of the concept and the early work of Jung and of Lewin's student Zeigarnik. Repression ought to be differentiated from suppression and from denial. In our bibliography, we have included some research on repression between the late 1920's and the middle 1960's.

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